Arlington Little League

Safety Manuel

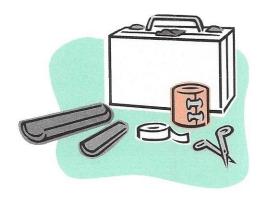
2020

Safety Manual and First Aid Kits

Each team will be issued a Safety Manual and a First Aid Kit. The manager will acknowledge the receipt of both by signing in the space provided below when taking possession of them.

The head umpire will be issued a copy of the Safety Manuel to be placed in the umpire room.

The concession stand will have a Fi	rst Aid Kit and a Safety Manuel.
I have received my Safety Manuel present at all practices and games	and First Aid Kit and will have them both
Print name of Manager	Team name and division
Signature of Manager	Date



Arlington Little League 6350 Fort Caroline Rd Jacksonville, Florida 32277

Email: alljax@att.net

EMERGENCY - 911



Sheriffs Office (non-emergency)630-0500



Fire Department (non-emergency)630-0529



Florida Poison Control.....1-800-222-1222



ARLINGTON LITTLE LEAGUE BOARD OF DIRECTORS 2019-2020

NAME	POSITION	PHONE #
Jim Knight	President	904-838-5027
Lorianne Andrews	Vice President	904-234-2788
Jason Rolston	Vice President	904-507-9006
Chelsea Wall	Secretary	904-206-0331
Lorianne Andrews	Treasurer	904-234-2788
Robert Stanley	Safety Officer	904-838-8674
Joseph Avchin	Umpire in Chief	904-859-6513
Lorianne Andrews	Player Agent	904-234-2788

IMPORTANT DATES FOR MANDATORY MEETINGS

PARENT MEETING – February 22, 2020 10:00 AM

TEAM PARENT 101 – February 22, 2020 11:00 AM

UMPIRE TRAINING CLINIC – February 22, 2020 12:00 PM

> COACHES CLINIC – February 22, 2020 2:00 PM

COACHING FUNDAMENTAL 101 – February 22, 2020 3:00 PM

FIRST AID CLINIC – February 22, 2020 4:00 PM

> DRUG & ALCOHOL SAFETY February 22, 2020 5:00 PM

CONCESSION, EQUIPMENT AND SAFETY February 22, 2020 6:00 PM

Code of Conduct

- > No Alcohol allowed in any parking lot, field, or common areas within the Highlands Little League complex.
- > No Playing in parking lots at any time.
- > No Playing on and around lawn equipment.
- > No Profanity please.
- > No Swinging Bats or throwing baseballs at any time within the walkways and common areas of the Highlands Little League complex.
- > No throwing balls inside the dugouts or against backstop.
- > No throwing rocks.
- > No horse play in walkways at any time.
- > No climbing fences.
- No pets are permitted at Highlands Little League.
- Only a player on the field and at bat, may swing a bat (Age 4-12). Juniors and Seniors(Age 13 - 16) on the field at bat or on deck may swing at bat. Be Alert of area around you when swinging bat while in the on deck position.
- > Observe all posted signs. Players and spectators should be Alert at all times for Foul Balls and Errant Throws.
- > During game, players must remain in the dugout area, unless otherwise granted permission by the umpire.
- > After each game, each team must clean up trash in dugout and around stands.
- > All gates to the field must remain closed at all times. After players have entered or left the playing field, gates should be closed.

Safety Code

- First Aid Kits are required at ALL Little League Events.
- Managers, coaches and umpires should have training in first-aid. First-aid kits are issued to each team manager and are located at the concession stand.
- No games or practices should be held when weather or field conditions are not good, particularly when lighting is inadequate.
- All Team equipment should be stored within the team dugout, or behind screens, and not within the area defined by the umpires as "in play".
- Only players, managers, coaches, and umpires are permitted on the playing field or in the dugout during games.
- Responsibility for keeping bats and loose equipment off the field of play should be that of a player assigned for this purpose or the team's manager and coaches.
- During practice and games, all players should be alert and watching the batter on each pitch.
- During warm-up drills players should be spaced so that no one is endangered by wild throws or missed catches.
- All pre-game warm-ups should be performed within the confines of the
 playing field and not within areas that are frequented by, and thus endanger
 spectators (i.e., playing catch, swinging bats, etc.)
- Equipment should be inspected regularly for the conditions of the equipment.
- Batters must wear Little League approved protective helmets for their division during batting practice and games.
- Catcher must wear catcher's helmet, mask, throat guard, long model chest
 protector, shin guards and protective cup with athletic supporter at all
 times(males) for all practices and games. NO EXCEPTIONS. Managers
 should encourage all male players to wear protective cups and supporters for
 practices and games.
- The catcher must wear catcher's helmet and mask with a throat guard in warming up pitchers. This applies between innings and in the bull-pen during a game and also during practices.
- Except when runner is returning to a base, head first slides are not permitted. (Except junior and senior leagues)
- At no time should "horse play" be permitted on the playing field.
- Player must not wear watches, rings, pins or metallic items during games and practices.
- Managers and Coaches may not warm up pitchers before or during a game. \square On-deck batters are not permitted (except in Junior Divisions and above)

Accident reporting and procedure

What to report -

An incident that causes any player, manager, coach, umpire or volunteer to receive medical treatment and/or first aid must be reported to the Insurance Officer.

When to report -

All such incidents described above must be reported to the Safety Officer within 48 hours of the incident. The Safety Officer, can be reached as follows:

Cell Phone:

How to make a report -

Reporting incidents should be done by filling out the proper incident report form. (a copy is included) The completed form should be given to the Insurance Officer or placed in her box located in the board room. You may contact a board member to gain access to the board room when necessary.

Safety Checklist

The check should be done by the visiting team while preparing field for play.

	T-Ba Mino Majo Senio	check One all or or or or rs needed?	
Field Condition	Yes	No	Explain
Backstop/Home Plate Area			
Bases Secure			
Pitchers Mound			
Dirt Needed			
Fence/Gate Repair			

^{**}There is a Box in the Press Box to place this form. The Safety Officer will regularly pick them up.

Equipment Safety Check List



Helmet

- check for cracks
- check for foam padding inside helmet no decals or paint on helmet
- throat protector for catcher's helmets



Bats

- check for cracks and dings



Catcher Gear

- cracked knee pads
- all straps and hooks are not broken and must
- fasten tightly
 no torn leather

Chest Protector

- check all padding
- check all hooks and straps
- no torn leather

Arlington Little League Concession Stand Guidelines







- Wash hands when you enter the concession stand
- Concession workers must be at least 14 years old
- Do not handle food if you have any open scrapes or cuts
- Wash hands frequently and thoroughly during your time in the concession
- Use forks or tongs to remove food from the cookers
- Keep food items covered or sealed
- Keep perishables refrigerated to 41 F
- Wash utensils in soapy hot water then rinse in clean water
- Wipe counter areas frequently
- Clean up spills or debris on floor immediately, to avoid slips and falls
- Rinse and store your wiping cloths in a bucket of sanitize
- Place boxes and trash containers outside when closing
- Use the ice scoop when you are filling cups
- No refills, cups cannot be reused

For Local League Use Only

Activities/Reporting

Signature: ___

A Safety Awareness Program's Incident/Injury Tracking Report

ii	League	ID:	Incident	Date:
			Incident	Time:
ne:			Date of Birth:	
			Age: Sex	x: ☐ Male ☐ Female
S	tate ZIP		Home Phone: ()
aver).			Work Phone: ()
Different):			City	
vhile participating in	1:			
☐ Softball	☐ Challenger	☐ TAD		
☐ T-Ball	☐ Minor	☐ Major	☐ Intermedia	ate (50/70)
☐ Senior	☐ Big League			
☐ Practice	☐ Game	☐ Tournam	ent Special E	event
☐ Travel from	☐ Other (Describe	e):		
erson(s) involved in	incident:			
	and the same of th	☐ Catcher	☐ First Bas	e Second
☐ Short Stop	☐ Left Field	□ Center F	ield ☐ Right Fie	eld □ Dugout
☐ Coach/Manager	☐ Spectator	□ Voluntee	er	
medical treatment re	equired? ☐ Yes ☐	No If yes, y	what:	
nd location:				- > 0% D 5' 11
ying Field				D.) Off Ball Field☐ Travel:
☐ Running or ☐ S	liding			☐ Car or ☐ Bike or
Country Country		C \ Conce	King Area	☐ Walking
	tructure			☐ League Activity
ect		1		☐ Other:
	: do més			
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Line massible For all A	coidant claims or inilirie	s that could be	Collie Ciallins to arry Cligi	bic participante arrest
10 1:4101	angua International Fo	r all other claill	15 (0) HOH-SHEIDIE Pai tich	Janes ander the record
ay result in litigation, plea:	se fill out the General Li	ability Claim fo	orm available here: http:/	//www.littleleague.org/As-
		F	Phone Number: ()
	Different):	StateZIP ayer):	StateZIP:	Softball Challenger TAD T-Ball Minor Major Intermedia Senior Big League Fractice Game Tournament Special Elements Travel from Other (Describe): Othe

LITTLE LEAGUE $_{\tiny{\scriptsize{(8)}}}$ BASEBALL AND SOFTBALL **ACCIDENT NOTIFICATION FORM INSTRUCTIONS**

Send Completed Form To: Little League International 539 US Route 15 Hwy, PO Box 3485 Williamsport PA 17701-0485 Accident Claim Contact Numbers: Phone: 570-327-1674

Accident & Health (U.S.)

- 1. This form must be completed by parents (if claimant is under 19 years of age) and a league official and forwarded to Little League Headquarters within 20 days after the accident. A photocopy of this form should be made and kept by the claimant/parent. Initial medical/ dental treatment must be rendered within 30 days of the Little League accident.
- 2. Itemized bills including description of service, date of service, procedure and diagnosis codes for medical services/supplies and/or other documentation related to claim for benefits are to be provided within 90 days after the accident date. In no event shall such proof be furnished later than 12 months from the date the medical expense was incurred.
- 3. When other insurance is present, parents or claimant must forward copies of the Explanation of Benefits or Notice/Letter of Denial for each charge directly to Little League Headquarters, even if the charges do not exceed the deductible of the primary insurance program.
- 4. Policy provides benefits for eligible medical expenses incurred within 52 weeks of the accident, subject to Excess Coverage and Exclusion provisions of the plan.
- 5. Limited deferred medical/dental benefits may be available for necessary treatment incurred after 52 weeks. Refer to insurance brochure provided to the league president, or contact Little League Headquarters within the year of injury.

₋eague Name							League I	.D.		
Name of Injured Person/Cla	aimant	SSN	PART 1	Date of Birth	20		Age			□ Male
Name of Parent/Guardian,	if Claimant is a Minor			Home Phone	e (Inc. Are	a Code)	Bus. Pho	one (Ind	. Area C	ode)
Address of Claimant		, CL		dress of Parent/				iect to a	s \$50 dec	ductible
The Little League Master A per injury. "Other insurance employer for employees an	programe" include tal	milly's persi	anai insurance	. Siddent insule	HICE HILOU	Igii a soi	iooi oi iiic	ararroo	ti ii o a g	
Does the insured Person/P				Employer Plan Individual Plan	□Yes	□No □No	Schoo		□Yes □Yes	
Date of Accident	Time of Accide		Type of Injury							
Describe exactly how accident			position at th	e time of accide	nt:				***	
□ SOFTBALL □ CHALLENGER □ TAD (2ND SEASON)	☐ CHALLENGER (☐ T-BALL ☐ MINOR (☐ LITTLE LEAGUE ☐ INTERMEDIATE (50/70) ☐ JUNIOR (12-14) ☐ SENIOR (13-16)	4-18)	SAFETY OF VOLUNTEE	R UMPIRE ENT COREKEEPER FICER R WORKER	□ PRA□ SCH□ TRA□ TRA□ TOU	VEL TO VEL FR JRNAME HER (De	D GAME OM ENT scribe)	(NC SP (Su you Litti Inc	ECIAL E OT GAME ECIAL G bmit a co or approv e Leagu orporate	ES) AME(S) opy of al from e
I hereby certify that I have complete and correct as h I understand that it is a cri submitting an application of I hereby authorize any phythat has any records or kr Little League and/or Natio as effective and valid as the	erein given. me for any person to i or filing a claim contair ysician, hospital or oth nowledge of me, and/o nal Union Fire Insurar he original.	ntentionally ning a false er medical r the above nce Compa	y attempt to de or deceptive ly related facil e named claim ny of Pittsbur	efraud or knowir statement(s). S ity, insurance co ant, or our heal gh, Pa. A photos	ngly facilitate Remand on the discontinuity of the	ate a franches section of the contract of the contract of this and contract of the contract o	ud agains on on reve rganizatio enever re authorizat	t an inserse sid n, institequeste ion sha	urer by e of form ution or d to do s Il be con	n. person o by
Date	Claimant/Parent/Gua	rdian Sign	ature (In a two	parent househ	old, both	parents r	nust sign	this for	m.)	
Date	Claimant/Parent/Gua	rdian Sign	ature							

For Residents of California:

Any person who knowingly presents a false or fraudulent claim for the payment of a loss is guilty of a crime and may be subject to fines and confinement in state prison.

For Residents of New York:

Any person who knowingly and with the intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information, or conceals for the purpose of misleading, information concerning any fact material thereto, commits a fraudulent insurance act, which is a crime, and shall also be subject to a civil penalty not to exceed five thousand dollars and the stated value of the claim for each such violation.

For Residents of Pennsylvania:

Any person who knowingly and with intent to defraud any insurance company or other person files an application for insurance or statement of claim containing any materially false information or conceals for the purpose of misleading, information concerning any fact material thereto commits a fraudulent insurance act, which is a crime and subjects such person to criminal and civil penalties.

For Residents of All Other States:

Any person who knowingly presents a false or fraudulent claim for payment of a loss or benefit or knowingly presents false information in an application for insurance is guilty of a crime and may be subject to fines and confinement in prison.

lame of League		AGUE STATEMENT (Name of Injured Pe	erson/Claim	ant	League I	.D. N	umber
Name of League Official					Position	in Le	ague
Address of League Official Were you a witness to the accide Provide names and addresses of	nt? □\ any known wit	∕es □No nesses to the reporte	d accident.		Telephor Residen Busines Fax:	ce: (imbers (Inc. Area Codes))))
Check the boxes for all appropria	ite items below	At least one item in	each column	n must be sele	cted.		
POSITION WHEN INJURED □ 01 1ST □ 02 2ND □ 03 3RD □ 04 BATTER □ 05 BENCH □ 06 BULLPEN □ 07 CATCHER □ 08 COACH □ 09 COACHING BOX □ 10 DUGOUT □ 11 MANAGER □ 12 ON DECK □ 13 OUTFIELD □ 14 PITCHER □ 15 RUNNER □ 16 SCOREKEEPER □ 17 SHORTSTOP □ 18 TO/FROM GAME □ 19 UMPIRE □ 19 UMPIRE □ 20 OTHER □ 21 UNKNOWN □ 22 WARMING UP	□ 02 BI □ 03 C0 □ 04 C0 □ 05 DI □ 06 DI □ 07 DI □ 08 EI □ 09 F/ □ 10 FI □ 11 HI □ 12 H □ 13 L/ □ 14 P □ 15 R □ 16 S □ 17 S □ 18 O □ 19 U □ 20 P	ONCUSSION ONTUSION ENTAL SLOCATION SMEMBERMENT PIPHYSES ATALITY RACTURE EMATOMA EMORRHAGE ACERATION UNCTURE PRAIN UNSTROKE	□ 02 □ 03 □ 04 □ 05 □ 06 □ 07 □ 08 □ 09 □ 10 □ 11 □ 12 □ 13 □ 14 □ 15 □ 16 □ 17 □ 18 □ 19 □ 20 □ 21 □ 22 □ 23 □ 24 □ 25 □ 26	ABDOMEN ANKLE		01 02 03 04 05 06 07 08 09 10 11 12 13	HORSEPLAY PITCHED BALL RUNNING SHARP OBJECT
Does your league use batting he If YES, are they Mandatory	or 🗆	lOptional At w	□YES hat levels a	re they used?	(*)		
I hereby certify that the above n time of the reported accident. I a best of my knowledge.	amed claimant also certify that	was injured while cov the information conta	vered by the nined in the	Little League Claimant's Not	Baseball a dification is	Accid s true	lent Insurance Policy at the and correct as stated, to the



Little League Volunteer Application - 2020

Do not use forms from past years. Use extra paper to complete if additional space is required

This volunteer application should only be used if a league is manually entering information into JDP or an outside background check provider that meet the standards of Little League Regulations 1(c)9. THIS FORM SHOULD NOT BE COMPLETED IF A LEAGUE IS UTILIZING THE JDP QUICKAPP. Visit LittleLeague.org/localBGcheck for more information.

☐ Concession Stand ☐ Other

☐ Scorekeeper ☐ Manager

☐ Field Maintenance

□ Umpire

☐ League Official □ Coach

In which of the following would you like to participate? (Check one or more.)

A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE ATTACHED TO

BE ALIACHED 10		Zip	BACKGROUND CHECK, FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE: https://littleleague.org/bg/statelaws	AS A CONDITION OF VOLUNTEERING, I give permission for the Little League organization to conduct background check(s) on me	which contain name only searches which may result in a report being generated that may or may not be me), child abuse and which contain name only searches which may result in a report being generated that may or may not be me), child abuse and criminal history records. I understand that, if appointed, my position is conditional upon the league receiving no inappropriate	information on my background. I hereby release and agree to hold harmless from liability the local Little League, Little League information on my background. I hereby release and volunteers thereof, or any other person or organization that may provide	baseball, incorporated, the onliness, employees and sometiments, little League is not obligated to appoint me such information. Talso understand that, regardless of previous approximents, Little League is not obligated to appoint me	to a volunteer position. If appointed, I understand that, prior to the exprassion of his series, and series or principles. President and removal by the Board of Directors for violation of Little League policies or principles.	Applicant Signature	If Minor/Parent Signature	Applicant Name(please print or type)	Yes ☐ No ☐ NOTE: The local Little League and Little League Baseball, Incorporated will not discriminate against any person on	If yes, list:	Yes □ No □	est, or guilty to any crime(s) Background check completed by league officer	Yes □ No □		to any crime(s) Yes \(\Bar\) No \(\Bar\)	unteer.)
COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUSICOMPLETE THIS APPLICATION.	First Middle Name or Initial	ity State ocial Security # (mandatory)	Cell Phone Business Phone	Home Phone: E-mail Address:	Oate of Birth	Employer	Address	Special professional training, skills, hobbies:	Community affiliations (Clubs Service Organizations, etc.):	וומוווגל מווווומנוסום (כומסק) כמינוסה כומיייייייייייייייייייייייייייייייייייי	Previous volunteer experience (including baseball/softball and year):	1. Do you have children in the program? If yes, list full name and what level?	? Yes □ No □	3. Do you have a valid driver's license?	Univer's uncertaint. 4. Have you ever been charged with, convicted of, plead no contest, or guilty t	involving or against a minor, or of a sexual nature? If ves. describe each in full:	(If volunteer answered yes to Question 4, the local league must contact the Little League International Security Manager.)	 Have you ever been convicted of or plead no contest or guilty to any crime(s 	(Answering yes to question 5, does not automatically disqualify you as a volunteer.)

Last Updated: 10/10/2019